



# Wishing You Wellness

Creating access to programs at the  
TransAlta Tri Leisure Centre for tri - community residents.

"Creating A Healthier Tri - Community."



Established in 2011, the partnership between the Tri - Community Health & Wellness Foundation (The Foundation) and the TransAlta Tri Leisure Centre (TLC), was created to ensure community members with disabilities and/or community members living with limited income had the ability to get active within the Tri - Community.

The Tri-Community area is comprised of approximately 87,000 people.

It is estimated that 13% of residents live at or below the low income level (Stony Plain FCSS, 2017).

People with limited access to income are often more socially isolated, experience more stress, have poorer mental and physical health and fewer opportunities for early childhood development and post-secondary education. It has been found that chronic conditions, especially those that limit a person's ability to maintain viable stable employment, can contribute to a downward spiral into poverty.

We work with local partner agencies, such as FCSS, Alberta Parenting for the Future, Neighborlink and Alberta Mental Health to evaluate community members needs and their eligibility for the program.

The program is intended to reduce the participation fees at the TLC through a partially subsidized funding program. Community members are required to pay 25% of the participation fees while the TLC subsidizes an additional 25% and the Foundation another 50%.

This program is currently funded by The Foundation and the 'Wishing Wells' throughout our community. Annually the program supports hundreds of community members looking to get active within our community.

Community members are eligible to receive 10 individual passes, or 10 family passes to the TLC which can be used anywhere within the TLC. At the moment, applicants are only eligible to apply once yearly.

## Subsidization to Access TransAlta Tri Leisure Centre Facilities Guidelines and Application Process

### Description

Wishing You Wellness is a program designed to provide an opportunity for economically disadvantaged, tri-community residents to access recreation facilities at a subsidized rate. Specifically, the intent of the program is to subsidize access for approved families, adults, seniors, youth and children to the TransAlta Tri Leisure Centre (TLC) facilities.

### Guidelines

- Subsidized access will be provided for qualifying adults, seniors, youth, children and families (maximum 5 people) residing in Parkland County, City of Spruce Grove, or Town of Stony Plain who experience low income.
- Subsidization is provided for access to the TransAlta Tri Leisure Centre.
- Funds will not be allocated to subsidize or sponsor team or individual sport initiatives.
- Approved applicants will receive a 10 visit pass. Pass(s) must be activated within 30 days of approval.
- The 10 visit pass is non-transferrable: it must be used by the person(s) who has been approved for subsidization.
- The 10 visit pass cannot be cancelled for refund.
- Facility access is not 100% subsidized. Those approved will be required to pay 25% of the facility access fee.
- Access to subsidy funding is on a first come, first served basis.
- Each person is eligible to receive subsidization under this program once per year.

### Application Process

- To qualify for the subsidized access, the applicant(s) must be a resident of Parkland County, City of Spruce Grove, or Town of Stony Plain and have a household income up to the amount outlined below:
- Subsidized facility access is based on income verification, need, and the availability of funds; there is no guarantee that all requests will be accommodated.

Eligibility Requirements for Wishing You Wellness				
Based on Annual Income				
Individual				
Household income	\$26,000			
Single Parent				
Number of children	1	2	3	4*
Household income	\$24,400	\$29,100	\$34,100	\$39,400
Couple				
Number of children	1	2	3	4*
Household income	\$29,300	\$34,400	\$39,300	\$44,000
*For each additional child add \$4,700 to base amount				



# Wishing You Wellness

*Getting the Tri - Community Active*

- **Apply to one of the following regional referral agencies:**
  - Stony Plain FCSS
  - Spruce Grove FCSS
  - Alberta Parenting for the Future (Stony Plain)
  - Alberta Employment Office (local office in Spruce Grove)
  - Alberta Mental Health
  - Neighbour Link (Spruce Grove)
  
- **Provide confirmation of family income to demonstrate financial need by supplying a copy of one of the following:**
  - Income Tax Notice of Assessment from previous year
  - Last pay stub
  - AISH statement
  - Alberta Child Health Benefits Program approved letter
  - Current Alberta Health Benefits Program card
  
- **Provide proof of residency in Parkland County, City of Spruce Grove, or Town of Stony Plain by supplying a copy of one of the following:**
  - Notice of Assessment (showing your current address)
  - Current bank statement
  - Municipal tax notice with current address and/or legal land description
  - Recent utility bill
  
- **Provide proof of financial assistance that you are currently receiving by supplying a copy of one of the following:**
  - AISH
  - Income Support
  - Health Benefits
  - Guaranteed Income Support
  - Refugee Status
  - Alberta Seniors Benefit
  - CPPD
  
- Once your application is reviewed by the referral agency you will be contacted via mail, informing you if you have been approved. If approved, you will be given further information. Please allow 1-3 weeks processing time.
  
- **All applications will be held in the strictest confidence.**