



JOB DESCRIPTION

Job Title: Aqua Fit Instructor

Primary Focus:

The Aqua Fit Instructor is responsible for providing effective and safe quality Aqua Fit programs/classes to patrons of the TransAlta Tri Leisure Centre (TLC). Programs/classes generally revolve around two specific training themes, i.e. drop in/registered programs or registered specialty programs. The Aqua Fit Instructor is generally required to work outside of traditional business hours to ensure the fulfillment of client requirements.

Specific Accountabilities:

- Develop, create lesson plans and lead aqua fit programs or classes that are safe and effective for patrons.
- Instruct in a professional manner that represents the TLC as a high standard in the fitness industry.
- Ensure safety for patrons and staff by implementing and following TLC policies and provincial legislation.
- Develop and foster customer relationships through professional, courteous and efficient service for all basic customer service requests.
- Ensure that the instructor is approachable and knowledgeable in all areas of the program being instructed.
- Maintain a high standard of fitness instruction by keeping fitness leader designation current and through participation in ongoing training and workshops.
- Be willing to take on a mentorship role with fellow Aqua Fit Instructors.
- Maintain and develop TLC image and reputation, and protect and develop the TLC's brand via suitable PR activities
- Ensure Fitness activities meet with and integrate with organizational requirements for the quality management, health and safety, legal stipulations, and general duty of care
- Ensure set up and take down for varying lesson activities
- Ensure that all required equipment is available and in good repair prior to the commencement of all instructional programs
- Coordinates with the Lead Instructor to ensure the use of the pool space is being utilized effectively
- Provides feedback to that Aquatics team concerning possible improvements that can be made to programming within the Aquatics Department
- Performs other related duties and responsibilities as required

Competencies/Skill-Sets Required:

- Exceptional customer service focus
- Strong communication skills
- Independent decision-making, problem solving and analytical skills
- Teamwork and cooperation

Designations/Training Required/Prerequisites:

- Designation as an Aqua Fit leader through AFLCA, CALA, Water Art, or YMCA is an asset
- Leadership experience would be an asset
- Standard First Aid/CPR/AED is required
- Cleared criminal record check and child welfare check are required

Recruits From (Existing Role – Redeployment/Transition):

- Wellness Representative, Aquatic Instructors
- External Fitness Instructors, Personal Trainers or other related Fitness Attendants

Career Progression:

- External fitness facilities
- Personal Trainer

Reports To:

- Lead Instructor - Aquatics

Direct Reports:

- Nil