

# TLC SUMMER CAMPS 2023

*Try Fun . Try Adventure . Try Friendship*



TransAlta  
Tri Leisure Centre



**REGISTRATION OPENS: MAR 21** members, **MAR 23** non-members  
ONLINE, IN-PERSON OR BY PHONE: STARTING AT 9:00 AM

# Camp Fees

3-5 Years	<b>4-DAY CAMP (HALF-DAY)</b> \$80 members/\$92 non-members
	<b>5-DAY CAMP (HALF-DAY)</b> \$100 members/\$115 non-members
6-11 Years	<b>4-DAY CAMP (FULL DAY)</b> \$160 members/\$180 non-members
	<b>5-DAY CAMP (FULL DAY)</b> \$200 members/\$225 non-members



# Pre & Post Care

Need an early start or a later pick up? No problem! Our qualified camp staff are here to help!

## CAMP PRE CARE 8:00-9:00 AM

\$20 members/\$26 non-members (4-day camp)

55751	Tu-F	Aug 8 - 11
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\$25 members/\$32.50 non-members (5-day camp)

55752	M - F	Jul 10 - Jul 14	55755	M - F	Jul 31 - Aug 4
55753	M - F	Jul 17 - Jul 21	55756	M - F	Aug 14 - 18
55754	M - F	Jul 24 - Jul 28	55757	M - F	Aug 21 - 25

## CAMP POST CARE 4:00-5:00 PM

\$20 members/\$26 non-members (4-day camp)

55758	Tu-F	Aug 8 - 11
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\$25 members/\$32.50 non-members (5-day camp)

55759	M - F	Jul 10 - 14	55762	M - F	Jul 31 - Aug 4
55760	M - F	Jul 17 - 21	55763	M - F	Aug 14-18
55761	M - F	Jul 24 - 28	55764	M - F	Aug 21-25

# What to bring

- ✓ COMFORTABLE CLOTHES YOU CAN MOVE IN
- ✓ SWIMSUIT AND TOWEL (FOR SWIM DAYS)\*
- ✓ HAT
- ✓ SKATES AND HELMET (FOR SKATE DAYS)\*\*
- ✓ BUG SPRAY
- ✓ BIKE/SCOOTER AND HELMET (FOR BIKE DAYS)\*
- ✓ SUNSCREEN
- ✓ PEANUT-FREE SNACKS & LUNCH
- ✓ ACTIVE FOOTWEAR
- ✓ WATER BOTTLE

\* Check the weekly schedule online at [trileisure.com/programs/summer-camps](http://trileisure.com/programs/summer-camps) or on your first day of camp to see what to pack each day.

\*\* We have some skates and helmets to borrow for skating days! Please ask your camp leaders to borrow.

# TLC Summer Camp Checklist



- ✓ MEET NEW FRIENDS
- ✓ LEARN NEW SKILLS
- ✓ GET OUTSIDE
- ✓ GET ACTIVE
- ✓ TRY NEW THINGS
- ✓ HAVE FUN

Avoid the summer brain drain by keeping your kids active and busy, learning new things and meeting new people at TLC Summer Camps!

# 3-5 YEARS CAMPS

## MOTIVATION TO MOVE SUMMER CAMPS (3-5 YEARS)

Join us as we motivate your kids to discover play, movement, and creativity. Whether we are making crafts, playing games, or spending time outside, each week will offer a new theme and a new list of activities to keep your kids motivated and having fun!

## BUILDING BLOCKS

This is the perfect camp opportunity to keep your little builders busy. Whether it's building the tallest tower or a home with a roof, we will experiment with different building materials to see all that can be created. Don't worry, we will get active too! From exploring outside natural materials to our own building tools, we guarantee your child will be tired by the end of the day.

## STORYBOOK ADVENTURES

No storybook is complete without its adventure. Each day we will read a book and theme our activities around the stories of each character. Our imaginations will be running wild as we step into each page.

## SUPERHERO TRAINING

Let us help you be the superhero you have always wanted to be, with creative and interactive games we introduce the fundamental movement skills to promote the superhero inside all of us. With creative challenges and fun activities, some might even say this camp is "Marvelous".



## BACKYARD EXPLORERS

Discover the world of nature by just stepping into TLC's backyard. With parks, trees, a pond and more, we're left with endless possibilities of fun in this camp. No need for indoor shoes here because nature is our playground!

## KICK START

Why wait around for your turn to play when the best time to start is now! Our main outcome is to get moving and have fun but with a learn-through-play philosophy you'll be introduced to many fundamental movement skills!

## READY, SET, PLAY!

Hustle on over to the TLC for this exciting learn-through-play adventure as we take your kids through a variety of unique sports and creative activities. These are all based on the fundamental movements that keep your kids healthy and ready to play!

## CREATIVE CORNERS

Let your child's imagination run free as our instructors engage your children to get creative with numerous materials. Get ready to get MESSY!

## WACKY WAYS

This playful camp will bring out all the unique and creative ways our bodies and minds move. With the help of some creative movements and brainteaser crafts, it is sure to keep the children laughing all week.



3-5 YEARS

# Summer Camp Schedule

		4-DAY CAMP						
WEEK:		JULY 10-14	JULY 17-21	JULY 24-28	JULY 31 - AUG 4	AUGUST 8-11	AUGUST 14-18	AUGUST 21-25
Pre Care		55752	55753	55754	55755	55751	55756	55757
9:00 AM -12:00 PM	3-5 YEARS	Building Blocks 55737	Kick Start 55738	Ready, Set, PLAY! 55739	Wacky Ways 55740	Backyard Explorers 55749	Creative Corners 55741	Storybook Adventures 55742
1:00 PM -4:00 PM	3-5 YEARS	Storybook Adventures 55743	Backyard Explorers 55744	Superhero Training 55745	Creative Corners 55746	Building Blocks 55750	Ready, Set, PLAY! 55747	Wacky Ways 55748
Post Care		55759	55760	55761	55762	55758	55763	55764

**PRE CARE**

8:00-9:00 AM

**POST CARE**

4:00-5:00 PM



# 6-11 YEARS CAMPS

## MOTIVATION TO MOVE SUMMER CAMPS (6-11 YEARS)

Join us as we motivate your kids to discover play, movement, and creativity. Whether we are making crafts, playing games, or spending time outside, each week will offer a new theme and a new list of activities to keep your kids motivated and having fun!

### FUNDAMENTALS (July 10-14)

The goal of Fundamentals is to be physically active and build a strong foundation for sports, while incorporating these through fun and cooperative games. Qualified leaders teach the fundamental movement skills in a fun environment and give kids the tools to be active for life!

### NET GAMES (July 17-21)

This week we will challenge participants with a variety of net and wall games that will put their target practice to the test. Volleyball, Pickleball, and Spikeball, are just the start.

### VENTURE OUT! (July 24-28)

This camp is for adventure seekers! Games, crafts and outdoor activities are packed into each day. Come challenge yourself and venture out with us!

## TRAINING LEADERS FOR COMMUNITY:

### LEADERS IN TRAINING PROGRAM (12-16 YEARS)

Join our qualified camp instructors this summer to learn valuable skills in leadership and recreation. Whether you're looking to gain volunteer hours or get some on-the-job experience, our team will take you under their wing to help you develop new skills that you can put on your resume! Assisting in the running of summer camps is a great way to spend your summer. This summer is up to you — dive in and try something new with the TLC's Leaders in Training program!

REGISTRATION FORM AVAILABLE ONLINE AT [TRILEISURE.COM](https://trileisure.com)

### ODD AND EVEN SPORTS (July 31- Aug 4)

This is your chance to try some new and different sports outside the traditional Soccer or Hockey offerings. You will have the opportunity to try Net Sports, Lacrosse, ultimate Frisbee, and many more. You probably have the skills, let us put them to use in some new and fun sports!

### NATURAL WONDERS (Aug 8-11)

We will take an expedition through our different landscapes here at the TLC. Our team leaders will lead you through grassy fields and jungle playgrounds to keep you exploring all week!

### ARTIST HUB (Aug 14-18)

Embark on an exciting hands-on experience of a variety of artistic materials, themes and styles that will stimulate everyone's artistic side.

### TRAIL BLAZERS (Aug 21-25)

Get ready to blaze a trail this Summer with the TLC as we explore a variety of outdoor games, nature crafts and exploration skills that will keep your kids striving for new adventures. This class will have your adventurer's creating and discovering more!



**NO SKATES  
& HELMET?**

**No problem!**  
We have some to lend you so  
that you don't miss out on  
our skating days!

# 6-11 YEARS

## Summer Camp Schedule

EACH WEEK  
THE CAMP WILL BE  
DIVIDED INTO  
AGE-APPROPRIATE  
GROUPS BASED ON  
THAT WEEK'S  
REGISTRATION.

					4-DAY CAMP			
WEEK:		JULY 10-14	JULY 17-21	JULY 24-28	JULY 31 - AUG 4	AUGUST 8-11	AUGUST 14-18	AUGUST 21-25
PRE CARE		55752	55753	55754	55755	55751	55756	55757
9:00 AM-4:00 PM	6-11 YEARS	FUNDamentals 55730	Net Games 55731	Venture Out! 55732	Odd and Even Sports 55733	Natural Wonders 55736	Artist Hub 55734	Trail Blazers 55735
POST CARE		55759	55760	55761	55762	55758	55763	55764

PRE CARE

8:00-9:00 AM

POST CARE

4:00-5:00 PM

## TLC SUMMER CAMP STAFF

OUR SUMMER TEAM IS CERTIFIED IN HIGH FIVE  
—THE BEST WAY TO PLAY!

When you choose a TLC summer camp, you get highly trained and caring staff who will keep your kids active and busy all summer long!



The best way to play™



