

Winter 2022 Pool Schedule



Mon	Operating hours 6:00 AM- 9:00 PM	
	Main Pool	Leisure Pool
6:00 AM	Lane Swim	Public Swim
7:00 AM	AquaFit High Intensity (Shallow)	
8:00 AM	AquaFit High Intensity (Deep)	
9:00 AM	AquaFit High Intensity (Shallow)	Preschool Lessons
10:00 AM		
11:00 AM	Swim @ School	Swim @ School
12:00 PM		
1:00 PM		
2:00 PM		Swim Academy (rotating schedule)
3:00 PM		
4:00 PM	JLC	Pirates
5:00 PM		Swim Lessons
6:00 PM		Parent & Tot Swim (Play Structure Area ONLY)
7:00 PM	7:05-7:50 AquaFit	Public Swim
8:00 PM	SwimFit	
9:00 PM		

Tues	Operating hours 6:00 AM- 9:00 PM	
	Main Pool	Leisure Pool
6:00 AM	SwimFit	Public Swim
7:00 AM	Lane Swim	
8:00 AM		
9:00 AM	AquaFit Gentle (Deep)	Preschool Lessons
10:00 AM	AquaFit Gentle (Shallow)	
11:00 AM	Swim @ School	Swim @ School
12:00 PM		
1:00 PM		
2:00 PM		Swim Academy (rotating schedule)
3:00 PM		2:45-3:30 Aqua Remedy
4:00 PM	4:00-7:30 PM	4:00-7:30 PM
5:00 PM	Swim Lessons	Swim Lessons
6:00 PM		
7:00 PM	6:45-8:45 PM	Public Swim
8:00 PM	Polo Bears	
9:00 PM		

Wed	Operating hours 6:00 AM- 9:00 PM	
	Main Pool	Leisure Pool
6:00 AM	Lane Swim	Public Swim
7:00 AM	AquaFit High Intensity (Shallow)	
8:00 AM	AquaFit High Intensity (Deep)	
9:00 AM	AquaFit High Intensity (Shallow)	Preschool Lessons
10:00 AM		
11:00 AM	Swim @ School	Swim @ School
12:00 PM		
1:00 PM		
2:00 PM		Swim Academy (rotating schedule)
3:00 PM	Homeschool Lessons	Homeschool Lessons
4:00 PM	JLC	Pirates
5:00 PM		Swim Lessons
6:00 PM		Parent & Tot Swim (Play Structure Area ONLY)
7:00 PM	7:05-7:50 AquaFit	Public Swim
8:00 PM	SwimFit	
9:00 PM		

Thurs	Operating hours 6:00 AM- 9:00 PM	
	Main Pool	Leisure Pool
6:00 AM	SwimFit	Public Swim
7:00 AM	Lane Swim	7:45-8:45 Parkland Rehab
8:00 AM		
9:00 AM	AquaFit Gentle (Deep)	Preschool Lessons
10:00 AM	AquaFit Gentle (Shallow)	
11:00 AM	Swim @ School	Swim @ School
12:00 PM		
1:00 PM		
2:00 PM		Swim Academy (rotating schedule)
3:00 PM		2:45-3:30 Aqua Remedy
4:00 PM	4:00-7:30 PM	4:00-7:30 PM
5:00 PM	Swim Lessons	Swim Lessons
6:00 PM		
7:00 PM	6:45-8:45 PM	Public Swim
8:00 PM	Polo Bears	
9:00 PM		

Fri	Operating hours 6:00 AM- 9:00 PM	
	Main Pool	Leisure Pool
6:00 AM	Lane Swim	Public Swim
7:00 AM	AquaFit High Intensity (Shallow)	
8:00 AM	AquaFit High Intensity (Deep)	
9:00 AM	AquaFit High Intensity (Shallow)	
10:00 AM		
11:00 AM	Swim @ School	Swim @ School
12:00 PM		
1:00 PM		
2:00 PM		
3:00 PM		
4:00 PM	Pirates	JLC
5:00 PM		Public Swim
6:00 PM		Diving
7:00 PM		
8:00 PM		
9:00 PM		

Sat	Operating hours 7:00 AM- 9:00 PM	
	Main Pool	Leisure Pool
7:00 AM		Pirates
8:00 AM	SwimFit	Public Swim
9:00 AM		9:00 AM-1:00 PM
10:00 AM	Lane Swim	Swim Lessons
11:00 AM		
12:00 PM		
1:00 PM	Cert Courses when scheduled	
2:00 PM		
3:00 PM		
4:00 PM		Public Swim
5:00 PM		
6:00 PM		
7:00 PM		
8:00 PM		
9:00 PM		

Sun	Operating hours 7:00 AM - 9:00 PM	
	Main Pool	Leisure Pool
7:00 AM	Lane Swim	
8:00 AM		
9:00 AM		9:00 AM-12:50 PM
10:00 AM		Swim Lessons
11:00 AM		
12:00 PM		
1:00 PM		Public Swim
2:00 PM		
3:00 PM		
4:00 PM	4:30-7:30 PM	
5:00 PM	Polo Bears	
6:00 PM		
7:00 PM		
8:00 PM		
9:00 PM		

Winter 2022:

- **PUBLIC SWIM: Swimmers 12+ must meet REP criteria:**
 - QR code OR
 - Negative test
 - Exemption letter
- **LESSON PARTICIPANTS: Under 18s in TLC lessons or sports do not need to screen in as above.**
- **Please wear masks in change rooms and onto the pool deck. They are not required in the pool!**
- **Please be kind and respectful to all when at the TLC.**

Questions? Ask Us!