

## Guidelines to TLC Arenas - COVID 19

Ensuring the health and safety of staff and visitors remains paramount for the operation of TLC arenas.

- Masks are mandatory upon entrance to the TLC and are required in all public areas, including the lobby, stairways, bleachers, dressing rooms and washrooms.
- All users must follow current Public Health Orders, posted signage and facility rules.
- 2 metre physical distancing between spectators who are not part of the same household must be maintained at all times.
- Do not attend the facility if you are feeling unwell or have symptoms of COVID-19.

### Guidelines for Cohort participants:

- Complete a pre-activity screening through your sport organization before entering the TLC.
- Arrive a max of 15 minutes ahead of practice ice time, or 30 minutes ahead of game time.
- Dressing rooms are open, although it is recommended participants come dressed to prevent extended gatherings in the dressing rooms - showers will not be available.
- Exit the facility within 15 minutes of your practice end time, and within 30 minutes of your game end time to ensure the facility is ready for the next group.
- Off ice warm-ups or cool downs are not permitted indoors - outdoors only.
- The TLC is not providing equipment for Arena rentals at this time, and encourages participants to bring their own equipment to the facility.
- Parents are not permitted to gather/socialize at the TLC – please do so outside the building.
- Meetings of any kind are not permitted inside the TLC, including the bleachers or lobby.
- Encourage parents to drop-off/pick up participants to reduce the amount of spectators inside the TLC.
- Most importantly, please be respectful of TLC staff should they make a request of you!

### Guidelines for spectators:

- One spectator in the bleachers is permitted per participant. It is preferred that no additional spectators, including children, are brought into the facility. If children must attend out of necessity, they must be seated with their parent/guardian.
- Spectator Capacity will be limited to 50 people per rink (100 total in the arena stand area).
- Upon arrival, participants/coaches must go directly to their dressing room; spectators must go directly to the seating area.
- Masks covering your nose and mouth are required even while seated in the stands.
- Eating and drinking in the stands is permitted when seated however, please replace your mask in between bites/sips
- Parent assisted skate tying area will remain in the concourse of the lower hallway.
- Spectators must refrain from socializing/congregating/meeting inside the TLC before or after the scheduled booking.
- South Arena window viewing is limited to prevent hallway congestion and bottle necks.
- Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets.

These guidelines are presented without prejudice and are subject to change without notice.