

TLC ACTIVE KIDS PRESCHOOL



April/May 2018

Save The Date!

Monday, April 2nd: NO CLASS

Monday, April 18th: SKATING!

Please bring skates and a helmet.

****This is a parented activity!****

Wednesday, April 25th: NO CLASS

Wednesday, May 9th: MESSY DAY

(Email to follow with details)

Wednesday, May 16th: SWIMMING

Please bring a bathing suit and a towel

****This is a parented activity!****

Monday, May 21st: NO CLASS

★ Wednesday, May 30th: FIELD TRIP!

We will be having our class at the Stony Plain Public Library! The class will have the chance to incorporate our learning topics in new ways. Email to follow with more details.

- Drop off: 9:10 AM Pick Up: 11:30 AM

Monday/Wednesday Classes

April/May in our class...

We will be learning about:

Letter "N" 50th Day of School

Mothers Day Letter "V" Letter "W"

Letter "X" Letter "Y" Earth Day

Visit to Stony Plain Public Library

Letter "z" Father's Day

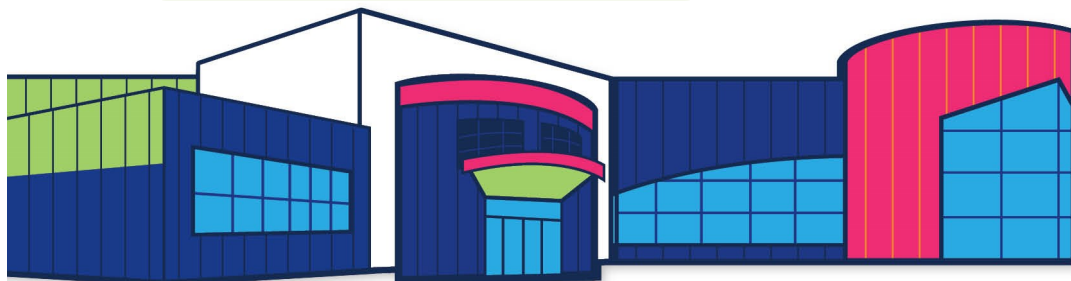
Big Birthday Bash / Unbirthday Party

Contact Information:

Instructor—Ashley Roberts
aroberts@trileisure.com

Facilitator—Heather Schram
hschram@trileisure.com

Program Coordinator—Samantha Kuzio
skuzio@trileisure.com
(780)948-3214



Reminders:

- **2018-2019 Preschool Registration Now Open!**
Visit the front desk to get your spot as classes are filling quickly! (If you are unable to get in to a class please add yourself to a waitlist for our reference)
- **Don't forget to pick up your crafts after every class. Behind each project is a child's story!**



How to develop active citizens of tomorrow!

Transitioning from Preschool to Kindergarten isn't something of a serious matter. Its an exciting time that should continue to foster play practices, **as play seems to predict whether children will become active citizens and leaders of tomorrow.**

Executive function and Play were specifically examined (following students from kindergarten through to Grade 8) and connected to predicting student participation in extracurricular activities. In following, research has already shown that teens who participate in school activities are more likely to be active later as adults in volunteering, voting, and reaching out to public officials.

At a time when some parents and education pundits are pushing for more academic focus in the early years, the Steinhardt study helps to remind us that **play is one of the most important learning experiences we can give our children.**

See our information on Executive Function and visit the link to access the full article :

<https://activeforlife.com/kindergarten-play-creates-tomorrows-citizens/>